



External
Peace
Internal
Calm

**Renewal
Concepts,
Inc.**

Jenny is passionate about educating people about safe, efficient, powerful holistic ways to renew their healthy mind/body balance. She has years of experience doing technical training and coaching and has been using natural methods to deal with any health or behavioral issues that have come up in her own life as well.

Jenny started her own private practice as a hypnotherapist in 2013 and formed EPIC Renewal Concepts, Inc. as she realized she wanted to share more than just how transformative tapping into the power of the subconscious using hypnotherapy can be. She also enjoys speaking about and teaching a social – emotional learning technique called the Connection Practice as well as the amazing benefits of using completely natural essential oils.

Flexible options:

- Whether you're looking for a brief talk to enhance your event, an in-depth training, or multiple day workshops and retreats, Jenny is your girl!
- All presentations are customized to meet the needs of your audience
- Available to travel across the US and Canada

Jenny Battig, CIHt

Certified Interpersonal Hypnotherapist, Author
Certified Professional Trainer, Coach and Speaker

Popular Talk Titles...

Manage Weight Naturally – Learn to achieve emotional and chemical balance for sustained weight management

Manage Pain Naturally – For those wanting to avoid addictive pain meds

Manage Moods Naturally – Experience three proven techniques to reduce stress, calm nerves, and improve focus

Access Your Inner Guidance System – Tap into your subconscious to transform your health and happiness and take back your power

Upgrade Your Connections – Learn how to improve the connections in your relationships at home, school and work

- Community Groups
- Professional Organizations
- Churches
- Businesses
- And more...

What people are saying...

Jenny made the class so personal and interactive. She allowed open communication to clarify all of the concepts. Super teaching style!
- (Connection Practice Course Student)

If you want a powerful, impactful and professional presenter at your next event then Jenny Battig is your speaker. Her natural connection with the audience and openness affords her a unique style to convey important information that truly changes lives. I am deeply grateful to have had Jenny present and take my Annual Conference to the next level for our members. Great information, great presenter and a great choice. – Beth Snyder, Director of Operations, Anahat Group

BOOK JENNY TODAY!

Speaking - Workshops – Retreats - Training

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